



BASIC

SOUTH INDIAN

WEEKLY MEAL MENU

Rotation is shown at the far right only when the dish changes by week



BREAKFAST

MON	Dosa, Sambar, Chutney	1ST & 3RD
	Masala Dosa, Sambar, Chutney	2ND & 4TH
TUE	Upma, White Peas	1ST & 3RD
	Semiya Upma	2ND & 4TH
WED	Chicken Macaroni	WEEK 1
	Veg Macaroni, Salna	WEEK 2
	Egg Macaroni, Salna	WEEK 3
	Veg Macaroni, Salna	WEEK 4
THU	Uttappam, Sambar, Chutney	
FRI	Puttu, White Chana	
SAT	Idli, Sambar, Chutney	1ST & 3RD
	Special Idli, Sambar, Chutney	2ND & 4TH

LUNCH

MON	Rice, Moru Curry, Chicken Fry, Dal Fry	1ST & 3RD
	Rice, Chicken Curry, Dal Fry	2ND & 4TH
TUE	Rice, Fish Chilli Curry, Upperi, Pickle	
WED	Special Rice, Egg Tikka Masala (N), Tadka Raita	
THU	Rice, Sambar, Pachadi, Fish Fry	
FRI	Biryani	
	Ambur Chicken Biryani, Carrot Cucumber Raita, Pickle, Sweets	WEEK 4
SAT	Rice, Fish Coconut Curry, Upperi, Pickle	

DINNER

MON	Porotta (2), Fish Curry	1ST & 3RD
	Porotta (2), Chicken Xacuti	2ND & 4TH
TUE	Kulcha (2), White Chana Curry	1ST & 3RD
	Bhatura, White Chana Curry	2ND & 4TH
WED	Kallappam (3), Egg Stew	1ST & 3RD
	Puri, Egg Korma	2ND & 4TH
THU	Chapati (3), Veg Curry	
FRI	Kappa Biryani, Kachumber	1ST & 3RD
	Kothu Porotta, Salna	WEEK 2
	Puttu Biryani, Kachumber Raita	WEEK 4
SAT	Special Pulao, Gravy	WEEK 1
	Chicken Kabsa, Salsa	WEEK 2
	Chicken Mandi, Salsa	WEEK 3
	Ghee Rice, Beef Curry, Vinegar Salad	WEEK 4

BASIC PACKAGE PRICES

		PRICE
Breakfast	160 dhs	Breakfast + Dinner 320 dhs
Tiffin Lunch	200 dhs	Tiffin Lunch + Dinner 340 dhs
Dinner	200 dhs	Breakfast + Tiffin Lunch + Dinner 360 dhs
Breakfast + Tiffin Lunch	300 dhs	



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BREAKFAST

MON	Dosa, Sambar, Chutney	1ST & 3RD
	Masala Dosa, Sambar, Chutney	2ND & 4TH
TUE	Upma, White Peas	1ST & 3RD
	Semiya Upma	2ND & 4TH
WED	Veg Macaroni, Veg Salna	
THU	Uttappam, Sambar, Chutney	
FRI	Puttu, White Chana	
SAT	Idli, Sambar, Chutney	1ST & 3RD
	Special Idli, Sambar, Chutney	2ND & 4TH

LUNCH

MON	Rice, Moru Curry, Dal Fry, Upperi	1ST & 3RD
	Rice, Veg Curry, Dal Fry, Upperi	2ND & 4TH
TUE	Rice, Mix Veg Curry, Upperi, Inji Moru	
WED	Special Rice, Chole Tikka Masala (N), Tadka Raita	
THU	Rice, Sambar, Pachadi, Upperi	
FRI	Veg Biryani, Carrot Cucumber Raita, Pickle, Sweets	
SAT	Rice, Soya Chukka, Upperi, Pacha Puli Rasam	

DINNER

MON	Porotta (2), Green Peas Curry	
TUE	Kulcha (2), White Chana Curry	1ST & 3RD
	Bhatura, White Chana Curry	2ND & 4TH
WED	Kallappam (3), Veg Korma	1ST & 3RD
	Puri, Veg Korma	2ND & 4TH
THU	Chapati (3), Veg Curry	
FRI	Veg Kappa Biryani, Kachumber	1ST & 3RD
	Veg Kothu Porotta, Salna	WEEK 2
	Veg Puttu Biryani, Kachumber Raita	WEEK 4
SAT	Veg Special Pulao, Gravy	1ST & 3RD
	Veg Makluba, Salsa	WEEK 2
	Ghee Rice, Mushroom Curry, Vinegar Salad	WEEK 4

VEG PACKAGE PRICES

		PRICE
Breakfast	160 dhs	Breakfast + Dinner 320 dhs
Tiffin Lunch	200 dhs	Tiffin Lunch + Dinner 340 dhs
Dinner	200 dhs	Breakfast + Tiffin Lunch + Dinner 360 dhs
Breakfast + Tiffin Lunch	300 dhs	



EXECUTIVE

SOUTH INDIAN

WEEKLY MEAL MENU

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BREAKFAST

MON	Dosa, Sambar, Chutney	1ST & 3RD
	Masala Dosa, Sambar, Chutney	2ND & 4TH
TUE	Upma, White Peas	1ST & 3RD
	Semiya Upma	2ND & 4TH
WED	Chicken Macaroni	WEEK 1
	Veg Macaroni, Salna	WEEK 2
	Egg Macaroni, Salna	WEEK 3
	Veg Macaroni, Salna	WEEK 4
THU	Uttappam, Sambar, Chutney	
FRI	Puttu, White Chana, Boiled Egg	
SAT	Idli, Sambar, Chutney	1ST & 3RD
	Special Idli, Sambar, Chutney	2ND & 4TH

LUNCH

MON	Rice, Moru Curry, Chicken Fry, Dal Fry, Upperi, Pickle, Papad	1ST & 3RD
	Rice, Chicken Curry, Dal Fry, Upperi, Pickle, Papad	2ND & 4TH
TUE	Rice, Fish Chilli Curry, Inji Moru, Upperi, Pickle	
WED	Special Rice, Egg Tikka Masala (N), Tadka Fry, Carrot Raita	
THU	Rice, Sambar, Pachadi, Upperi, Fish Fry	
FRI	Chicken Biryani	WEEK 1
	Chicken Biryani	WEEK 2
	Malabar Chicken Dum Biryani	WEEK 3
	Ambur Chicken Biryani, Carrot Cucumber Raita, Pickle, Sweets	WEEK 4
SAT	Rice, Fish Coconut Curry, Rasam, Upperi, Pickle	

DINNER

MON	Porotta (2), Fish Curry	1ST & 3RD
	Porotta (2), Chicken Xacuti, Salad	2ND & 4TH
TUE	Kulcha (2), Chicken Hariyali	1ST & 3RD
	Bhatura, Chicken Hariyali	2ND & 4TH
WED	Kallappam (3), Egg Stew	1ST & 3RD
	Puri, Egg Korma	2ND & 4TH
THU	Chapati (3), Shahi Chicken Kofta	
FRI	Kappa Biryani, Kachumber	1ST & 3RD
	Kothu Porotta, Salna	WEEK 2
	Puttu Biryani, Kachumber Raita	WEEK 4
SAT	Special Pulao, Gravy	WEEK 1
	Chicken Kabsa, Salsa	WEEK 2
	Chicken Mandi, Salsa	WEEK 3
	Ghee Rice, Beef Curry, Vinegar Salad	WEEK 4

EXECUTIVE PACKAGE PRICES

		PRICE
Breakfast	190 dhs	Breakfast + Dinner 360 dhs
Tiffin Lunch	220 dhs	Tiffin Lunch + Dinner 370 dhs
Dinner	220 dhs	Breakfast + Tiffin Lunch + Dinner 400 dhs
Breakfast + Tiffin Lunch	360 dhs	



PREMIUM EXECUTIVE

SOUTH INDIAN

WEEKLY MEAL MENU

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BREAKFAST

MON	Dosa, Chicken Salna, Chutney	1ST & 3RD
	Masala Dosa, Sambar, Chutney	2ND & 4TH
TUE	Upma, White Peas, Boiled Egg	1ST & 3RD
	Semiya Upma, Boiled Egg	2ND & 4TH
WED	Chicken Macaroni, Boiled Egg	WEEK 1
	Veg Macaroni, Salna, Boiled Egg	WEEK 2
	Egg Macaroni, Salna, Boiled Egg	WEEK 3
	Veg Macaroni, Salna, Boiled Egg	WEEK 4
THU	Uttappam, Sambar, Chutney	
FRI	Puttu, White Chana, Boiled Egg	
SAT	Idli, Chicken Salna, Chutney	1ST & 3RD
	Special Idli, Chicken Salna, Chutney	2ND & 4TH

LUNCH

MON	Rice, Moru Curry, Chicken Fry, Dal Fry, Upperi, Pickle, Papad	1ST & 3RD
	Rice, Chicken Curry, Dal Fry, Upperi, Pickle, Papad	2ND & 4TH
TUE	Rice, Fish Chilli Curry, Fish Fry, Inji Moru, Upperi, Pickle, Papad	
WED	Special Rice, Egg Tikka Masala (N), Chicken Fry, Tadka Raita, Sweets	
THU	Rice, Sambar, Pachadi, Upperi, Fish Fry, Pickle, Papad	
FRI	Chicken Biryani	WEEK 1
	Beef Biryani	WEEK 2
	Malabar Chicken Dum Biryani	WEEK 3
	Ambur Chicken Biryani, Boiled Egg, Carrot Cucumber Raita, Pickle, Sweets	WEEK 4
SAT	Rice, Fish Coconut Curry, Fish Fry, Rasam, Upperi, Pickle	

DINNER

MON	Porotta (2), Fish Curry	1ST & 3RD
	Porotta (2), Chicken Xacuti, Salad	2ND & 4TH
TUE	Kulcha (2), Chicken Hariyali, Salad	1ST & 3RD
	Bhatura, Chicken Hariyali, Salad	2ND & 4TH
WED	Kallappam (3), Egg Stew, Salad	1ST & 3RD
	Puri, Egg Korma, Salad	2ND & 4TH
THU	Chapati (3), Shahi Chicken Kofta, Salad	
FRI	Kappa Biryani, Kachumber	1ST & 3RD
	Kothu Porotta, Salna	WEEK 2
	Puttu Biryani, Kachumber Raita	WEEK 4
SAT	Special Pulao, Gravy	WEEK 1
	Chicken Kabsa, Salsa	WEEK 2
	Chicken Mandi, Salsa	WEEK 3
	Ghee Rice, Beef Curry, Vinegar Salad	WEEK 4

PREMIUM EXECUTIVE PACKAGE PRICES

		PRICE
Breakfast	210 dhs	Breakfast + Dinner 420 dhs
Tiffin Lunch	260 dhs	Tiffin Lunch + Dinner 420 dhs
Dinner	260 dhs	Breakfast + Tiffin Lunch + Dinner 460 dhs
Breakfast + Tiffin Lunch	420 dhs	