



NORTH INDIAN FOOD



CONTACT US **050 521 6938** 

Breakfast _____

Tiffin Lunch _____

Dinner _____

Breakfast + Tiffin Lunch _____

Breakfast + Dinner _____

Tiffin Lunch + Dinner _____

Breakfast + Tiffin Lunch + Dinner _____

190

290

BREAK FAST

WEEK 1

- MON CHAPATI + KAALA CHANA
- TUE PARATHA + ANDA BURJI
- WED VEG SEMIYA UPMA
- THU IDLI DHOKLA + GREEN CHUTNEY
+ SWEET CHUTNEY
- FRI PURI + ALOO BHAJI
- SAT CHAPATI + EGG CURRY

WEEK 2

- MON POORI + WHITE CHANA MASALA
- TUE CHAPATI + SOYA BURJI
- WED UPMA + RAJMA MASALA
- THU POHA + GREEN CHUTNEY
+ SWEET CHUTNEY
- FRI PAV + BHAJI + ONION CHOP
+ LEMON
- SAT PARATHA + EGG KADAI

WEEK 3

- MON CHAPATI + CHANA SAAG
- TUE PARATHA + EGG CURRY
- WED CHAPATI + ALOO PALAK
- THU IDLI DHOKLA + GREEN CHUTNEY
+ SWEET CHUTNEY
- FRI PURI + ALOO KI SUBZI
- SAT CHAPATI + ANDA ALOO CURRY

WEEK 4

- MON POORI + TIKKA CHANA
- TUE CHAPATI + EGG DO PYAZA
- WED MASALA UPMA + TOMATO CHUTNEY
- THU POHA + GREEN CHUTNEY
+ SWEET CHUTNEY
- FRI PAV + BHAJI + ONION CHOP + LEMON
- SAT PARATHA + EGG ROAST



TIFFIN LUNCH

WEEK 1
MON CHAPATI / BARIC RICE + CHICKEN CURRY + VEG FRY + PICKLE
TUE BARIK RICE + VEG KHOLAPURI + RAITA
WED CHAPATI / BARIC RICE+SPECIAL CHICKEN CURRY+VEG FRY+PICKLE
THU BARIK + VEG KADAI + VEG FRY + PICKLE
FRI CHICKEN BIRYANI + RAITA
SAT BARIK RICE + VEG DO PYAZA + PICKLE

WEEK 2
MON CHAPATI / BARIC RICE + CHICKEN CURRY + VEG FRY + PICKLE
TUE BARIK RICE + VEG DO PYAZA + PICKLE
WED CHAPATI OR BARIC RICE + SPECIAL CHICKEN CURRY + VEG FRY + PICKLE
THU BARIK + MATAR MUSHROOM MASALA + VEG FRY
FRI CHICKEN BIRYANI + RAITA
SAT BARIK RICE + VEG CURRY + VEG FRY

WEEK 3
MON CHAPATI / BARIC RICE + CHICKEN CURRY + VEG FRY + PICKLE
TUE CHAPATI + SUBZI + PICKLE
WED CHAPATI / BARIC RICE + SPECIAL CHICKEN CURRY + VEG FRY + PICKLE
THU BARIK + VEG KADAI + VEG FRY + PICKLE
FRI CHICKEN BIRYANI + RAITA
SAT BARIK RICE + LOBIA MASALA + PICKLE

WEEK 4
MON CHAPATI / BARIC RICE + CHICKEN CURRY + VEG FRY + PICKLE
TUE BARIK + VEG KORMA + RAITA
WED CHAPATI / BARIC RICE + SPECIAL CHICKEN CURRY + VEG FRY + PICKLE
THU BARIK + LAUKI SUBZI + VEG FRY
FRI CHICKEN BIRYANI + RAITA
SAT BARIK RICE + VEG JALFREZI + RAITA

DINNER

WEEK 1
MON BARIK RICE + RAJMA MASALA + PICKLE
TUE KHUBZ + ALOO CHICKEN CURRY
WED CHAPATI + MIX VEG BHUNA
THU PARATHA + SOY CHUNK MASALA
FRI BARIK RICE + DHANIYA CHICKEN CURRY
SAT KHUBZ + LAUKI ALOO SUBZI + SALAD

WEEK 2
MON BARIK RICE + SOY CHUNK KADAI + RAITA
TUE KHUBZ + CHICKEN MASALA
WED CHAPATI + BHINDI MASALA + PICKLE
THU CHAPATI + SOY KADAI
FRI BARIK RICE + HARIYALI CHICKEN CURRY
SAT PARATHA + NAVARATAN KORMA

WEEK 3
MON BARIK RICE + MATAR PANEER + PICKLE
TUE KHUBZ + CHICKEN KADAI
WED CHAPATI + WHITE CHANA MASALA
THU KHUBZ + MATAR KEEMA
FRI BARIK RICE + CHICKEN DO PYAZA + PICKLE
SAT KHUBZ + MIX VEG KORMA

WEEK 4
MON BARIK RICE + DAL FRY + ALOO JEERA
TUE KHUBZ + CHICKEN RED CURRY
WED CHAPATI + VEG DO PYAZA
THU CHAPATI + SUBZI DRY
FRI BARIK RICE + CHICKEN MASALA
SAT PARATHA + PALAK SUBZI + PICKLE