



LUNCH BOX



Lunch Box

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VEG PLAN

BREAKFAST

South Indian

- Mon:** W1 & W3 - Dosa, Sambar, Chutney |
W2 & W4 - Masala Dosa, Sambar, Chutney.
- Tue:** W1 & W3 - Upma, White Peas |
W2 & W4 - Semiya Upma.
- Wed:** Veg Macaroni, Veg Salna.
- Thu:** Uthappam, Sambar, Chutney.
- Fri:** Puttu, White Chana.
- Sat:** W1 & W3 - Idli, Sambar, Chutney |
W2 & W4 - Special Idli, Sambar, Chutney.

North Indian

- Mon:** Dhokla, Green Chutney, Sweet Chutney.
- Tue:** Poha, Green Chutney, Sweet Chutney.
- Wed:** Veg Macaroni, Veg Salna.
- Thu:** Pav, White Chana, Onion Chop, Lemon.
- Fri:** Porotta, Aloo Bhaji.
- Sat:** Chapati, Veg Korma.

LUNCH

South Indian

- Mon:** W1 & W3 - Rice, Moru Curry, Dal Fry, Upperi |
W2 & W4 - Rice, Veg Curry, Dal Fry, Upperi.
- Tue:** Rice, Mix Veg Curry, Upperi, Inji Moru.
- Wed:** Special Rice, Chole Tikka Masala, Tadka Raita.
- Thu:** Rice, Sambar, Pachadi, Upperi.
- Fri:** Veg Biryani, Carrot Cucumber Raita,
Pickle, Sweets.
- Sat:** Rice, Soya Chukka, Upperi, Pacha Puli Rasam.

North Indian

- Mon:** W1 & W3 - Rice, Dal Curry, Gobi Fry, Pickle,
Carrot Raita | W2 & W4 - Rice, Mushroom Curry,
Pickle, Carrot Raita.
- Tue:** Barik Rice, Mix Veg Curry, Raita, Aloo Jeera.
- Wed:** Special Rice, Chole Tikka Masala, Tadka Raita.
- Thu:** Barik Rice, Dal Gravy, Curd Cumin Raita,
Ivy Gourd Fry.
- Fri:** Veg Biryani, Carrot Cucumber Raita,
Pickle, Sweets.
- Sat:** Barik Rice, Soya Chukka, Mint Raita, Pickle.

DINNER

South Indian

- Mon:** Porotta (2), Green Peas Curry.
- Tue:** W1 & W3 - Kulcha (2), White Chana Curry |
W2 & W4 - Bhatura, White Chana Curry.
- Wed:** W1 & W3 - Kallappam (3), Veg Korma |
W2 & W4 - Puri, Veg Korma.
- Thu:** Chapati (3), Veg Curry.
- Fri:** W1 & W3 - Veg Kappa Biryani, Kachumber |
W2 - Veg Kothu Porotta, Salna |
W4 - Veg Puttu Biryani, Kachumber Raita.
- Sat:** W1 & W3 - Veg Special Pulao, Gravy |
W2 & W3 - Veg Makluba, Salsa |
W4 - Ghee Rice, Mushroom Curry, Vinegar Salad.

North Indian

- Mon:** Roti, Green Peas Curry.
- Tue:** W1 & W3 - Kulcha (2), White Chana Curry |
W2 & W4 - Bhatura, White Chana Curry.
- Wed:** W1 & W3 - Porotta (2), Veg Korma |
W2 & W4 - Puri, Veg Korma.
- Thu:** Chapati (3), Veg Curry.
- Fri:** Half Barik Rice, Chapati (2), Subzi, Moong Dal.
- Sat:** W1 & W3 - Veg Special Pulao, Gravy |
W2 & W3 - Veg Makluba, Salsa |
W4 - Ghee Rice, Mushroom Curry, Vinegar Salad.



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